



my day @ MPA
seedlings

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Morning Arrival

Children are greeted with an *I Love You Ritual* each morning to build a strong connection with their teacher and create an atmosphere of safety and love. Parents have the chance to share important information with our staff and depart knowing their child is in nurturing hands.

Baby Doll Circle Time

Children experience being the nurturer by interacting with their baby dolls in the same ways that we, as caregivers, interact with them.

These activities promote the secure attachments that are vital to children's lifelong success.



Floor Time

When babies are not sleeping, they need to be on the floor building up their strength and coordination.

Our teachers do not restrict your child to swings, carriers, or feeding tables, but rather engage them in open play and exploration.



Snack & Mealtime

Bottles are given at times specific to your child's individual schedule.

Once your baby is ready for table food, we offer a variety of nutritious options and promote self-feeding from the start.

Outdoor Exploration

Your little one will experience all aspects of nature, whether they are exploring our spacious courtyard or cruising around our natural playscapes.

Naptime

As your child begins to show signs of being ready for a nap, our staff will follow a routine that will help your baby recognize expectations to create a peaceful transition into naptime.

Cognitive Development

We provide a sensory rich environment that fosters your child's emerging independence and desire for exploration.

Repetition and intentional experiences are key for your child's growth.



Social and Emotional Skills

For healthy brain development, infants must be seen, soothed, safe, and stimulated.

Our staff is trained to interpret your child's non-verbal cues and nurture a bond that promotes your child's confidence.

Physical Development

We provide a safe space with developmentally appropriate challenges that focus on improving your child's balance, coordination, and control while respecting their right to learn at their own pace.

Language Development

Infants need a language-rich environment filled with sounds and people who talk to them, read to them, and sing to them.

Our staff is trained to dictate every part of their day and utilize sign-language when communicating with your child.

Storytime

Storytime occurs throughout the day to build vocabulary, stimulate imagination, and improve communication skills.

Even at this early stage, your child can begin to develop a love for reading!

Music & Movement

Babies love music! Daily exposure to music enhances their natural ability to decode sounds and words.

Our musical activities include movement and instruments to enhance the brain and body connection.

