



my day @ MPA  
twigs & bloomers

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## Morning Arrival

Each morning, children are greeted with a special gesture to build a strong connection with their teacher.

## Greeting Circle

Children unite as a class family, learn calming strategies, connect with their peers, and commit to maintaining a safe learning environment.



## Snack & Mealtime

Your child's independence will be celebrated as they prepare, serve, and clean up after their own healthy snacks throughout the day.

Family-style lunches in the cafeteria will provide them with a chance to perfect their table manners, practice self-regulation, and put them in control of their own healthy choices.

## Music & Movement

Our large gym and covered patios are perfect for your child to stretch out and let loose! Whether it's yoga, playing instruments, or just dancing to the beat, your child will have plenty of opportunities to develop their gross motor skills and love for music and creative expression!



## Outdoor Exploration

Children will head to the natural playscapes and outdoor classrooms multiple times throughout the day for child-initiated play and a multi-sensory learning environment.

At MPA, outdoor exploration is not just a designated time of day. It enhances your little one's academic activities and enriches their school experience.



## Quiet Time

After an action packed morning, your child will enjoy setting up their own nap space, whether it be indoors in a quiet classroom or under covered patios in the fresh air.

## Literacy

Small group lessons include differentiated instruction that aligns to your child's developmental level using a variety of literacy tools to encourage love for reading and an interest in letter and word formation.



## Mathematics

Math skills are presented along a continuum that allows children to take what they know about one concept and apply it to the next.

Each week, a skill is introduced in small group lessons and extended through child-led activities presented in different contexts around the room.

## STEAM

Vast loose-parts zones in and out of the classroom offer opportunities for children to combine various disciplines of Science, Technology, Engineering, Art, and Mathematics to develop their thinking, reasoning, teamwork, investigative, and creative skills.

## Enrichment Centers

Throughout the day, your child will choose workstations that align to their own interests in construction, art, fine motor skills, literacy, mathematics, writing, practical life, science, and sensory exploration.

## Genius Hour

We dive deeper into the weekly theme in a way that usually involves messy materials, bigger movements, and nature exploration.

Allowing children to think outside of the box gives them a unique opportunity to identify just what makes them extraordinary!

